

<u>EYFS</u>						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Strand: Lifestyle and Health L1 Sleep L.I. To understand that screen time can affect sleep.	Strand: Lifestyle and Health L2 Choosing what to do online L.I. To understand that we need to decide which games to play and what to watch.	Strand: The Social Web S1 Communicating online L.I. To understand that we can communicate online.	Strand: The Social Web S2 Feeling safe online L.I. To understand what to do when I see something that makes me feel unsafe or confused online.	Strand: The Social Web S3 Personal Information L.I. To understand that some information is private and shouldn't be shared, especially amongst people I don't know.	Strand: Protecting ourselves P1 Online Friends L.I. To understand that it is easy to hide your identity online. To understand that it is important to be kind online.

KS1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Strand: Lifestyle and health L 1 Screen Time L.I. To understand that we need a healthy balance of online and offline.</p> <p>To understand that some online activities can be detrimental to our mental health.</p>	<p>Strand: Lifestyle and health L2 Choosing what to do online L.I. To understand that we must decide what to do and not do online.</p>	<p>Strand: The Social Web S1 Personal Information L.I. To Understand why we shouldn't share our personal information.</p> <p>To understand how to keep our personal information private and safe when we are online.</p>	<p>Strand: The social web S2 Being Kind L.I. To understand that being kind online is just as important as in real life.</p> <p>To identify what makes a good online friend and what to do when people are unkind online.</p>	<p>Strand: The social web S3 Communicating online. L.I. To give examples of how I might use technology to communicate with others I don't know well.</p> <p>To understand what information we might share with people we don't know.</p>	<p>Strand: Protecting ourselves P1 online Strangers L.I. To understand that people on the internet are not always who they say they are, and may have malicious intentions.</p>
Year 2	<p>Strand: Protecting Ourselves P2 Feeling Comfortable L.I. To understand that there are inappropriate images and text on the internet.</p> <p>To understand what to do if I see anything that makes them feel uncomfortable.</p>	<p>Strand: Protecting Ourselves P3 Searching Safely L.I. To understand how to search safely.</p>	<p>Strand: Commercial Risks C1 Passwords L.I. To understand why we needs passwords.</p>	<p>Strand: Commercial Risks C2 What is the internet. L.I. To understand the basics of what the internet is.</p>	<p>Additional Lesson: Strand: Commercial Risks C3 Accepting messages L.I. To understand that computer viruses can damage our computers, phone and tablets.</p>	<p>Strand: News and Media N1 Content Creators L.I. To understand that anybody can put things online.</p> <p>To recognise the difference between truth and fiction.</p> <p>To understand that things online are often not true.</p> <p>To become more familiar with the term 'Fake News'</p> <p>Strand: News and Media N2 Scary News L.I. To understand that what I see/hear online can upset them.</p>

LKS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p>Strand: Lifestyle and health</p> <p>L1 Screen Time</p> <p>L.I. To Understand that the amount of time we spend and the activities that we do online can affect our well-being.</p>	<p>Strand: Lifestyle and health</p> <p>L2 Sleep</p> <p>L.I. To Understand that getting enough sleep is related to our mental health</p>	<p>Strand: Lifestyle and health</p> <p>L3 Deciding what is appropriate</p> <p>L.I. To understand that not everything on the internet is appropriate for children</p>	<p>Strand: The Social Web</p> <p>S1 Friendships Online</p> <p>L.I. To Identify how to be kind in online social environments</p> <p>To understand that peer pressure can make us do inappropriate or unkind things</p> <p>To understand that friends should behave in a certain way, whether they are online or offline</p>	<p>Strand: Protecting Ourselves</p> <p>P1 Online Strangers</p> <p>L.I. To Understand that people on the internet are not always who they say they are, and may have malicious intentions</p>	<p>Strand: Protecting Ourselves</p> <p>P2 Sharing Online</p> <p>L.I. To Understand that we must keep our personal information safe</p>
Year 4	<p>Strand: Commercial Risks</p> <p>C1 Advertising</p> <p>L.I. To understand that websites use our age to target advertisements at us</p>	<p>Strand: Commercial Risks</p> <p>C2 Personal Information</p> <p>L.I. To have a more thorough and sophisticated understanding of personal information</p> <p>To understand that websites store a lot of our information</p>	<p>Strand: Commercial Risks</p> <p>C3 Copyright</p> <p>L.I. To understand that Copyright means that it can be illegal to use other people's music, videos, images and words</p> <p>Strand: Commercial Risks</p> <p>C5 Passwords</p> <p>L.I. To understand that secure passwords are important, and consider how to make them strong</p>	<p>Strand: Commercial Risks</p> <p>C4 Suspicious Messages</p> <p>L.I. To understand that computer viruses can be sent via email, message and from files downloaded from the internet</p> <p>To understand that people's motivations are often financial, and that if it sounds too good to be true, then it probably is</p> <p>To understand the need to question messages that you receive</p>	<p>Strand: News and Information</p> <p>N1 Digital Media</p> <p>L.I. To become more digitally literate by being able to analyse digital content</p>	<p>Strand: News and Information</p> <p>N2 Media Bias</p> <p>L.I. To understand that not everything they read is true or without bias</p> <p>To understand that bias can mislead readers, and that there are multiple perspectives to many stories</p> <p>Strand: News and Information</p> <p>N3 Verifying Content and echo chamber</p> <p>L.I. To understand how different groups have their own motivations, often based around commercial or ideological reasons</p> <p>To understand how social media tends to limit the number of opposing views that we encounter.</p>

UKS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	<p>Strand: Lifestyle and Health L1 Social Media Anxiety L.I. To Understand that social media can exert pressure on us, by making us feel jealous or insecure about our own lives</p> <p>To Understand that images and videos that we see online are not always a true reflection of reality</p> <p>Strand: Lifestyle and Health L2 Self Esteem L.I. To Understand that people can feel under pressure to behave in certain ways, because of their bodies and gender</p> <p>To understand that self-esteem and confidence can affect how we behave online</p> <p>To begin to understand the motivations of the health industry and their advertising and media coverage</p>	<p>Strand: Lifestyle and Health L3 Inaccurate Health information L.I. To become familiar with positive health messages</p> <p>To recognise inaccurate health information</p> <p>Strand: Lifestyle and Health L4 Digital 5-a-day L.I. To recognise that our identities are defined by both our online and offline activities</p> <p>To understand that the online world creates unique issues, which can affect our self-image, mental health and identity</p>	<p>Strand: Lifestyle and Health L5 Online stereotypes L.I. To understand that we are often exposed to stereotypes in the media, which can affect the way that we see ourselves and other people</p> <p>To understand that stereotypes are sometimes used in the online world and that these are often unfair or discriminatory</p> <p>Strand: Lifestyle and Health L6 Game ratings L.I. To understand why age ratings on movies and games are important</p>	<p>Strand: Lifestyle and Health L7 Does the internet make us happy? L.I. To appreciate that there is both positive and negative content online</p> <p>To understand that social media can exert pressure on us, by making us feel jealous or insecure about our own lives</p> <p>To understand that images and videos that we see online are not always a true reflection of reality</p>	<p>Strand: The Social Web S1 Control and Consent L.I. To understand that social media comes with pressure</p> <p>To understand that we have a significant amount of control over our online lives</p> <p>To understand that our actions/lack of actions can have an impact on ourselves and those around us</p> <p>Strand: The Social Web S2 Social Media and Cyber Bullying L.I. To understand that people sometimes behave online, in a way that they would not in real life</p> <p>Know a range of strategies to deal with online abuse</p>	<p>Strand: Protecting Ourselves P1 Protecting our identity L.I. To understand that our personal information is valuable, sensitive and private to us</p> <p>To understand that giving away personal information can lead to both physical and emotional damage</p> <p>To understand that many small details can be pieced together to gain a much more comprehensive set of information about a person</p> <p>Strand: Protecting Ourselves P2 Protecting images of us online L.I. To understand that once images are on the internet, we have less control over them</p> <p>To understand that the Internet Watch Foundation do have the power to take down images of children, if they are inappropriate, but that this is hard to do</p> <p>To understand that they have a legal right to control pictures of their bodies</p>
Year 6	<p>Strand: Protecting Ourselves P3 Unhealthy Attention L.I. To understand that attention can be both healthy and unhealthy</p> <p>Strand: Protecting Ourselves</p>	<p>Strand: Commercial Risks C1 Online advertisements and money on the internet L.I. To understand how money is made on YouTube and other video websites</p> <p>To understand how advertising on the internet allows people to make money</p>	<p>Strand: Commercial Risks C3 Passwords L.I. To understand that we can make ourselves safer online by adjusting privacy settings and that secure passwords can keep our information safe</p>	<p>Strand: Commercial Risks C5 In app purchases and credit card information L.I. To understand that “In-app Purchases” spend real money</p> <p>Realise that children can run up large bills by purchasing</p>	<p>Strand: News and Information N2 Bias L.I. To understand that not everything they read is true or without bias</p> <p>Understand that bias can mislead readers, and that</p>	<p>Strand: News and Information N4 Verifying information online L.I. To understand that information can be untrue</p> <p>Understand that there are ways of spotting and checking this information</p>

	<p>P4 Meeting online strangers L.I. To understand that there are dangers online for younger people</p> <p>To recognise some of the signs of online danger</p>	<p>from your clicks</p> <p>Strand: Commercial Risks C2 Personal Information, terms and conditions. L.I. To understand that our personal information can be used to make money and target us with advertising</p>	<p>Strand: Commercial Risks C4 Copyright L.I. To understand what copyright is, and why it exists</p>	<p>games and “In-App Purchases” without realising it</p> <p>Strand: News and Information N1 Analysing digital media L.I. To become more digitally literate by being able to analyse digital content</p>	<p>there are multiple perspectives to many stories</p> <p>Strand: News and Information N3 Fake News L.I. To understand that it is easy to edit images using computers, which can make it hard to tell the difference between truth and fake-news</p>	<p>Strand: News and Information N5 Echo Chambers L.I. To Understand how different groups have their own motivations, often based around commercial or ideological reasons</p> <p>Understand how social media tends to limit the number of opposing views that we encounter</p>
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