

**Reviewed: July 2023**

**Next review: September 2024**

At Aston C of E Primary School, we firmly believe that PE and Sport are not only part of every child's entitlement but also provide opportunities for them to develop key life skills such as teamwork and resilience. As part of our PE curriculum, we teach the key skills that are needed for a range of sports. We focus on the teaching of these key skills and provide opportunities for these to be applied within team games and competitions, both internally and externally throughout the year.

### **Intent:**

Children at Aston C of E Primary School access a high-quality physical education curriculum which inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

### **Implementation**

The school's chosen scheme of work to support the teaching of PE and physical activity is GetSet4PE. The scheme delivers a spiral curriculum where lessons are taught sequentially to ensure small steps in learning are built upon in a progressive way. Our knowledge, skills and vocabulary documents also support class teachers in delivering new learning which is based on prior attainment. Teachers all have individual access to the resources, using long- and short-term plans to deliver high quality PE and physical activity sessions.

PE lessons are taught by class teachers with the exception of swimming and PPA cover. Protocols to support the teaching of PE can be found in the [appendices](#) at the foot of this document.

Where other specialist coaches or other external agencies are employed, the class teacher will team teach alongside the coach as part of their development. Swimming is taught by specialised swimming instructors with a trained member of staff accompanying the group to support individual groups of swimmers through the supplied scheme.

Each child will receive the following **ACTIVE** Physical Education time per week:

Reception: 60 mins discrete teaching and continuous provision as above.

Years 1 - 6: 2 x 60 minutes lessons (one outdoor, one indoor)

Y4, Y5, Y6 to also complete 12 hours of swimming

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## PE and Physical activity policy

At Aston C of E Primary, we follow the teach simply model to deliver learning to our children. The teaching of PE and physical activity follows a structure of revisit and review, teach, practise and apply. All lessons are aligned with progressive learning objectives outlined in the National Curriculum which includes teaching a broad range of disciplines.

### **Impact**

Teachers use the National Curriculum to inform their assessment of achievement in PE. Teachers use a range of AFL strategies to support children's progress in PE and encourage them to be self-effective learners and improve personal bests. Teachers complete summative assessments using the assessment tool within the GetSet4PE scheme twice a year.

### **Key stage 1**

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

1. Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
2. Participate in team games, developing simple tactics for attacking and defending.
3. Perform dances using simple movement patterns.

### **Key stage 2**

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

1. Use running, jumping, throwing and catching in isolation and in combination.
2. Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
3. Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
4. Perform dances using a range of movement patterns.
5. Take part in outdoor and adventurous activity challenges both individually and within a team.
6. Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

### **Resource provision**

Aston C of E has a school hall, which is equipped with portable and fixed apparatus for gymnastics and a music centre to support the teaching of dance. For the teaching of games,

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there are 2 playgrounds (with tennis court markings on the larger playground) and a large field, with markings for football, athletics and rounders. An annual audit of all physical education equipment is conducted by the PE co-ordinator in order to prioritise any necessary expenditure for the year.

### **Sport Premium funding**

It is the responsibility of the PE co-ordinator to allocate and use the sport premium funding in accordance with the statutory requirements as set out by the DFE:

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

### **PE KIT**

All children are expected to have appropriate PE kit to be able to participate in PE lessons. Pupils who fail to bring appropriate PE kit will not be allowed to participate in the lesson. However, these pupils will be expected to complete an alternative physical activity i.e. walking a circuit. This is a means of ensuring that the pupils continue to learn in a meaningful way and also benefit from the two hours physical activity recommended by the government.

Children who have not brought their kit will be monitored by class teachers (records will be made of those without PE kit) and letters sent home to encourage pupils to be equipped for PE lessons and to ensure that children are not repeatedly missing their PE lessons. This also means that the PE lead can monitor the situation and take appropriate action for those repeatedly not having the correct PE kit.

Our PE kit is:

- A yellow school T-shirt
- Black shorts [not cycling shorts]
- Black plimsolls or trainers.
- A named drawstring bag in which to keep the kit
- Black joggers and jacket for outdoor PE in the winter months.
- Spare socks
- Tape
- Hair band/bobble

### **Health and Safety**

A copy of Safe Practice in PE handbook can be found inside the PE cupboard.

Use of any external personnel including sports coaches and volunteers will be in line with the school's policy on CRB / staffing checks.

No earrings or other jewellery are allowed during PE lessons. If a child can remove their own earrings, this must be done prior to beginning a PE lesson. Children who cannot remove their earrings themselves should come to school without them on PE days. Alternatively, children may cover earrings with medical/surgical tape. Parents should then be informed by the class teacher that the child has not removed their earrings for the PE session and reminded that this should be done in future for health and safety reasons.

In addition, children with long hair must tie it back with a hairband or bobble.

When PE sessions are indoor, all children must be barefoot and take their footwear into the hall in case of emergency.

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### **Monitoring and evaluation**

The PE lead is responsible for the monitoring of physical activity in the school. A range of measures are used to evaluate impact of teaching and learning through school. The PE lead will also be responsible for managing the deployment of sports coaches. Pupil voice, lesson visits, planning scrutiny, and photographic evidence will be analysed by the PE lead to establish the impact of the curriculum.

### **Extra-curricular activities**

#### ***Break times / lunch times***

We have markings on the Key Stage 1 and Key Stage 2 playground in order to stimulate children at playtimes. Each key stage also has a range of playtime equipment that encourages them to be active. SJD provide opportunities for children to join in games organised by them at lunch times. Children are encouraged to throw, catch and shoot balls, skip, practise agility skills and many other physical activities. Key stage one children are supported in being active at lunch time by sports leaders from Year 6.

#### ***After school clubs***

We aim to encourage all pupils to take part in a range clubs and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who take part. A wide range of clubs are offered to KS1 and KS2 children. These may include gymnastics, basketball, dance, hula hooping, ballroom dancing and cricket.

#### ***Competition***

Pupils are given opportunities throughout the year to participate in intra and inter school competitions. The school also holds a non-competitive sports day for all children, as well as a competitive sports day for KS1 And KS2 children.