









Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



| WEEK ONE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------|---|--|---|--|--|
| Main Meal Option 1 | Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread  | All Day Pork Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn | Chicken Pie Served with Mashed Potatoes | Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice  | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Vegetarian Main Meal Option 2 | Creamy Vegetable Penne Pasta Carbonara  | All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn | Vegemince & Vegetable Pie (Ve) served with Mashed Potato  | Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice  | Cheese Flan or Quiche Served with Chips & Tomato Ketchup |
| Jacket Potato | Jacket potato served with either Cheese, Beans or Tuna Mayo Daily Offer including Salmon Mayonnaise for Oily Fish  | | | | |
| Sandwich | Daily Offer sandwich offer Cheese, Ham or Tuna Mayo | | | | |
| Vegetables | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad |
| Dessert | Marble Sponge & Custard | Chocolate Shortbread Biscuits (Ve)& Fruit Slices  | Iced Banana Traybake | Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice  | Chocolate Ice Cream |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish










Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct



| WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------|---|--|--|--|--|
| Main Meal Option 1 | Macaroni Cheese | Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad  | Roast Gammon Served With Roast Potatoes & Gravy | Beef Bolognese & Penne Pasta  | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Vegetarian Main Meal Option 2 | Wholemeal Cheese & Tomato Pizza served with Garlic Bread | Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad  | Home Baked Vegetarian Lasagne  | Veggie Mince Bolognese & Penne Pasta Ve  | Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup |
| Jacket Potato | Jacket potato served with either Cheese, Beans or Tuna Mayo | | | | |
| Sandwich | Daily Sandwich offer Cheese, Ham, or Tuna mayo | | | | |
| Vegetables | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad |
| Dessert | Ginger & Mandarin Traybake  | Strawberry Jelly (Ve) | Freshly Baked Chocolate Cookie (Ve) | Flapjack Finger (Ve) With a fresh slice of Watermelon  | Homemade Shortbread Biscuits (Ve) |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish










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Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct



| WEEK THREE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------|---|---|---|---|--|
| Main Meal Option 1 | Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread  | Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges | Gently Spiced Moroccan Chicken/ served with Summer Vegetable Rainbow Cous Cous  | Korean Style Sticky BBQ Chicken & Vegetables served with Noodles  | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Vegetarian Main Meal Option 2 | Mildly Spiced Vegetable Chilli & Rice (Ve) NDP | Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges | Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve)  | Korean Style Sticky BBQ Quorn, Vegetables & Noodles  | Homemade Cheese & Tomato Pizza Whirl & Chips |
| Jacket Potato | Jacket potato served with either Cheese, Beans or Tuna Mayo | | | | |
| Sandwich | Daily Sandwich offer Cheese, Ham, or Tuna Mayo | | | | |
| Vegetables | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad |
| Dessert | Baked Apple Sponge served with Custard  | Tutti Frutti Jelly and Mandarins (Ve)  | Freshly Baked Vanilla Cookie (Ve) | Zesty Lemon & Blueberry Yoghurt Cake | Homemade Flapjack (Ve) |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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