

YEAR GROUP	LEARNING INTENTIONS	TOPIC/THEME DETAILS	RESOURCES
EYFS	<p>To recognise the importance of friendship.</p> <p>To recognise the importance of saying sorry and forgiveness.</p> <p>To recognise that all families are different.</p>	<p>Caring Friendships</p> <ul style="list-style-type: none"> • Why do friendships make us happy? • Know some ways we can make new friends welcome. • Know that it is unkind to leave people out. • Understand we are all different. <p>Being Kind</p> <ul style="list-style-type: none"> • Know that arguing with friends and then making up can make friendships stronger. • That resorting to violence is never right. <p>Families and Care</p> <ul style="list-style-type: none"> • What different types of families are there? • What can I tell people about my family? • Understand how different family members can help each other. <p>VOCABULARY (friendship, kindness, happy, sad, shy, feelings, lonely, sorry, angry, family, mum, dad, brother, sister, grandma, grandad, stepdad, step mum, foster mum, foster dad)</p>	<p><i>Elephant Glove Puppet or toy</i> <i>Photos of children at school</i></p> <p><i>Suggested Reading</i> <i>Strictly No Elephants by Lisa Mantchev</i> <i>Stick and Stone by Beth Ferry</i> <i>The Big Umbrella by Amy June Bates</i></p> <p><i>Elephant glove puppet or toy Picture of a crown and art materials to make crowns, i.e. paper or play-doh</i> <i>Elephant</i></p> <p><i>Elephant glove puppet or toy The Family Book, Todd Parr Families Pictures Paper and drawing materials</i></p>

<p>Year 1</p>	<p>To understand that we are all different but can still be friends</p> <p>To discuss how we grow and change.</p> <p>To explore different types of families and who to ask for help</p> <p>To identify who can help when families make us feel unhappy or unsafe</p>	<p>Different Friends</p> <ul style="list-style-type: none"> . Can we be friends with people who are different to us? . STOP – Several Times On Purpose - can be a sign of bullying. . Bullying can be verbal, physical and can take other forms. <p>Growing and Changing</p> <ul style="list-style-type: none"> • What support do babies need and how does this change as they get older? • Understand that older children become more independent. <p>Families and Care</p> <ul style="list-style-type: none"> • Know that there are different types of families. • Know who we can ask for help. <p>VOCABULARY</p>	<p><i>Talking object Story bag containing an elephant puppet (or the elephant picture) and a school jumper. Paper and coloured pencils</i></p> <p><i>Story bag containing Pictures of newborn babies Lifecycle picture cards Lifecycle word cards Lifecycle whiteboard summary</i></p> <p><i>Talking object Story bag - containing a ball and a school jumper Families pictures</i></p> <p><i>The Family Book, Todd Parr</i></p>

		(Friends, feelings, similar, different, family, boy, girl, male, female, private parts, penis, vulva)	
Year 2	<p>To introduce the concept of gender stereotypes</p> <p>To identify differences between males and females</p> <p>To explore some of the differences between males and females and to understand how this is part of the lifecycle</p> <p>To focus on sexual difference and name body parts</p>	<p>Differences</p> <ul style="list-style-type: none"> • What ideas do people have about what girls and boys can do? • What is different about male and female babies? <p>Life Cycles and Male and Female Animals</p> <ul style="list-style-type: none"> • What are the differences between male and female animals? • How is new life made? 	<p><i>2 large PE hoops Boy/Girl/Everyone labels Bag of objects and clothing to explore male and female stereotypes or Pictures of objects and clothing Clothed Babies picture cards Clothed Babies whiteboard summary</i></p> <p><i>Pearl Power and the Toy Problem, Mel Elliott Julian is a Mermaid, Jessica Love Are you a boy or are you a girl, Sarah Savage and Fox Fisher Princess Smartyants, Babette Cole William's Doll, Charlotte Zolotow Amazing Grace, Mary Hoffman and Caroline Binch</i></p> <p><i>Talking object Pictures of male and female animals Cats and Kittens worksheet Anatomically correct toy farm animals</i></p> <p><i>2 large PE Hoops Hoop labels Body Parts picture cards Female x-ray picture Body Parts worksheet Suggested reading: Shapesville, Andy Mills It's OK to be Different, Todd Parr</i></p>

		<p>Naming Body Parts</p> <ul style="list-style-type: none"> • What are the physical differences between males and females? • What are the scientific names for male and female body parts? <p>VOCABULARY (Similar different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vulva).</p>	
<p>Year 3</p>	<p>To identify that people are unique and to respect those differences To explore the differences between male and female bodies To consider appropriate and inappropriate physical contact and consent</p> <p>To explore different types of families and who to go to for help and support</p>	<p>Body Differences</p> <ul style="list-style-type: none"> • What are the similarities and differences between males and females? • What are the correct scientific names for male and female body parts? <p>Personal Space</p> <ul style="list-style-type: none"> • Understand that each person’s body belongs to them. • What is meant by unwanted touch? <p>Help and Support</p> <ul style="list-style-type: none"> • How can families be different? 	<p><i>It’s OK to be different, Todd Parr Pictures of male and female bodies Body Difference matching cards Additonal Activities Cinderella’s Bum, Nicholas Allan Shapesville, Andy Mills</i></p> <p>PANTS CARDS</p> <p><i>Additional Activities It’s my body - a book about body privacy, Louise Spilsbury and Mirella Mariani</i></p> <p><i>TheFamily Book Todd Parr</i> <i>Additional Activities Tell Me Again About The Night I Was Born, Jamie Lee Curtis Who’s in a Family? Robert Skutch Happy Families, Allan Ahlberg Spark Learns to Fly, Judith Foxon Stranger Danger, Anne Fine</i></p>

		<ul style="list-style-type: none"> Who can I go to for help and support? <p>VOCABULARY (Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vulva, vagina, uterus, family, fostering, adoption relationship)</p>	
Year 4	<p>To explore the human lifecycle To identify some basic facts about puberty</p> <p>To explore how puberty is linked to reproduction</p>	<p>Changes</p> <ul style="list-style-type: none"> What are the main stages of the human life cycle? How does my body change as I grow up? <p>What is Puberty?</p> <ul style="list-style-type: none"> Basic information that puberty is the term for bodies and emotions changing ready to be an adult and that these changes happen at different rates for different people. Children turn into adults to reproduce. 	<p><i>Resources Lifecycle whiteboard summary Body Parts Bingo cards Bingo Flash cards Body Changes pictures Lifecycle Quiz slides Lifecycle Quiz answers Additional Activities Babies and</i></p> <p><i>Children worksheet Bag containing spot cream, deodorant, shaving foam, menstrual pads/tampon, a love heart Puberty Card Sort Puberty Card Sort whiteboard summary Body Changes worksheet Puberty Changes Teacher Guide</i></p> <p><i>Suggested Reading Where Willy Went, Nicholas Allan Hair in Funny Places, Babette Cole</i></p>

	<p>To explore respect in a range of relationships</p> <p>To discuss the characteristics of healthy relationships</p>	<p>Healthy Relationships</p> <ul style="list-style-type: none"> • Why is respect important in all (including online) relationships? • How can friendships make people feel unhappy or uncomfortable? • E-Safety - rules around my own and other people's personal information. • The harm of spending too much time online. • Relationships and social media – positives and hazards. <p>VOCABULARY (Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings.)</p>	<p><i>Healthy Friendships cards Relationship pictures Online Respect and Self-Respect video https://www.youtube.com/watch?v=mZtXwLzllpk</i></p>
<p>Year 5</p>	<p>To explore the emotional and physical changes occurring in puberty</p>	<p>Puberty</p> <ul style="list-style-type: none"> • Discuss and explain the main physical and emotional changes that happen during puberty. • Ask questions about puberty with confidence 	<p><i>Resources Puberty Changes Teacher Guide Puberty Changes worksheet Reproductive System slides Pupil Questions template</i></p>

	<p>To understand male and female puberty changes in more detail</p> <p>To explore the impact of puberty on the body and the importance of physical hygiene</p> <p>To explore ways to get support during puberty</p>	<p>The Reproductive System</p> <ul style="list-style-type: none"> • Understand how puberty affects the reproductive organs • Describe what happens during menstruation and sperm production • Puberty Help and Support • Explain how to keep clean during puberty • Explain how emotions/relationships change during puberty • Know how to get help and support during puberty <p>VOCABULARY (Puberty, emotional changes, physical changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breast, spots, pubic hair, facial hair, underarm hair, sexual feelings)</p>	<p><i>Reproductive System slides Puberty Changes Teacher Guide Menstrual cycle animation Male Changes Powerpoint Puberty Card Game Puberty Card Game answer sheet Puberty Card Game whiteboard summary Model materials: spaghetti(fallopian tubes) and poppy seeds (eggs) Selection of menstrual product (tampons, pads, liners, re-usables) Pupil questions from Lesson 1 Additional Activities What is the Menstrual Cycle? cards What is the Menstrual Cycle? whiteboard summary Menstruation Card Game Menstruation Card Game whiteboard summary</i></p> <p><i>Kim's Game items and a cloth to cover them (see lesson plan) Kim's Game Teacher Guide Year 5 Puberty Problem Page Year 5 Puberty Problem Page cut-outs Year 5 Problem Page Teacher Guide Pupil questions from Lesson 1 Additional Activities Puberty Bingo cards</i></p>
<p>Year 6</p>	<p>To consider puberty and reproduction</p>	<p>Puberty and Reproduction</p>	<p><i>Resources Puberty Changes Teacher Guide Puberty Body Part cards Reproduction questions sheet Reproduction answer cards Reproduction whiteboard summary Additional Activities Year 6 Puberty Problem Page Year 6</i></p>

	<p>Exploring the importance of communication and respect in relationships</p> <p>To consider different ways people might start a family</p>	<ul style="list-style-type: none"> • Describe how and why the body changes during puberty in preparation for reproduction • Talk about puberty and reproduction with confidence <p>Communication and Relationships</p> <ul style="list-style-type: none"> • What is a healthy relationship? • Why are communication and respect important? • When is it ok to share personal / private information in a relationship? • Where can I get help if a relationship ends or goes wrong? • Barnardo’s Real Love Rocks – (Child Sexual Exploitation education). <p>Families, conception and pregnancy</p> <ul style="list-style-type: none"> • What decisions need to be made before having children? 	<p><i>Puberty Problem Page Cut-outs Year 6 Puberty Problem Page Teacher Guide</i></p> <p><i>Communication and Touch Cards</i> <i>Love Rocks Resources</i></p> <p><i>Couple pictures How does a baby start? cards (one set per group) How does a baby start? whiteboard summary Pupil Questions from previous lesson - typed Additional Activities Conception and Pregnancy statements Conception and Pregnancy Quiz Conception and Pregnancy Quiz Answers Relationship</i></p>
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To explore positive and negative ways of communicating in a relationship

- What happens during conception and pregnancy and how a baby is born.

Online Relationships

- To have considered when it is appropriate to share personal/private information in a relationship
- To know how and where to get support if an online relationship goes wrong

Vocabulary

(Womb, sperm, egg, conception, fertilization, pregnancy, sexual intercourse, twins, fostering adoption, relationship, friendship, love, consent, Intimacy, communication, personal, private, internet safety)

Relationship Question cards Communcation Scenario cards Communication Scenarios answers Communication Scenarios whiteboard summary Additional Activities Film clip from www.thinkuknow.co.uk

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Appendix 1: Curriculum map

Relationships and sex education curriculum map The curriculum is designed to be taught as a spiral approach. Therefore, previous years' learning will be revisited and revised to ensure knowledge, skills and understanding are embedded constantly in the following years.

RSE at Aston All Saints C of E Primary School will be LGBT+ inclusive.

